



**CALENDAR**

**Monday, January 10**

**Tuesday, January 11**

**Wednesday, January 12**

**Thursday, January 13**

**Friday, January 14**  
**1:40pm 1st Grade Oneg**

**Candle Lighting times for January 2011**

Friday, Jan. 7th - Light 4:19pm  
Friday, Jan. 14th - Light 4:27pm  
Friday, Jan. 21st - Light 4:36pm  
Friday, Jan. 28th - Light 4:45pm

Saturday, Jan 8th - End 5:25pm  
Saturday, Jan. 15th - End 5:32pm  
Saturday, Jan. 22nd - End 5:40pm  
Saturday, Jan. 29th - End 5:48pm

**DVAR TORAH**

Were you ever caught up in your own angst that you failed to see the bigger picture? A young rabbi from Israel was traveling the D train from Brooklyn to Manhattan on his way to a meeting. As the subway rattles towards its destination, he sits quietly reading the History of Submarine Warfare in the South Pacific In World War II. Enters the train

two post-six foot battle-scarred young men in gang jackets - with an oversized boom box playing at full volume.

Near the rabbi stands a little old lady tipping the scales at 80 pounds and reaching her full hunched-over height of nearly five feet. The little old lady does not like the booming "grunt" music and starts yelling, "Who's going to make them turn it off?" Everyone takes a deeper interest in what they are reading - including the rabbi.

One of the young toughs smiles wryly and says to the woman, "Lady, if you want to turn it off, you can turn it off." She shuffles across the subway car with her hand held in front of her, index finger poised to flick the power switch. And she turns it off! The young tough puts down the boom box and hauls back to deck her. Up jumps the rabbi and with a parrying move with his forearm, blocks the young tough's punch.

The young tough is puzzled and looks down at the rabbi and says, "What do you want, boy?" The rabbi replies with a big smile, "Just don't hit the lady," and returns to his seat to continue reading his book. The lady shuffles back across the car. And the young tough flips the power switch back on to bathe the car in full-force, deep-based, woofer and tweeter enhanced, penetrating sound waves.

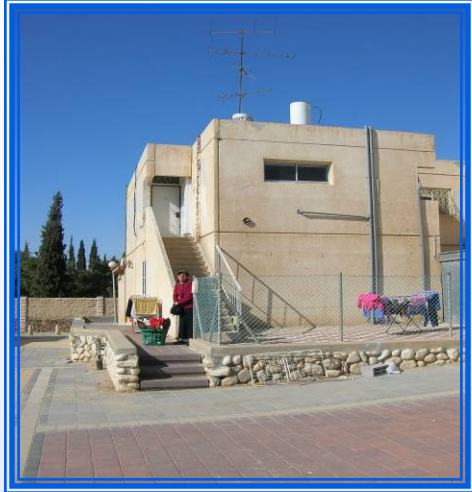
The little old lady *shries* (yells), "Who's gonna make him turn it off?" Everyone re-reads their previous sentence with increased concentration. The young tough smiles and invites her over. Once again, the little old lady shuffles over, index finger extended and flicks the power switch off. The young tough then hauls back to hit her and the rabbi jumps up to block. The young tough looks confused and says, "Now you're getting on my nerves." The rabbi smiles and says, "Sorry. Just don't hit the lady" and returns to his seat. The little old lady shuffles towards the rabbi's seat and stands with her back to him. And ... both of the young toughs thankfully get off at the next station!

As the rabbi is settling back into his book, he glances up at the back of the little old lady standing right next to him and thinks, "Gee, I just risked my life not once, but twice to protect her ... and she doesn't even thank me!" And after two minutes of self-righteous indignation, the rabbi stops in his mental tracks with an incredible realization - "God just performed not one miracle, but two to save my life ... and did I stop to thank Him?"

There are probably many lessons to learn from this story - don't ride the subways in New York, beware of little old ladies who can get you killed, learn to love loud music, the power of an incongruous smile ... However, perhaps the most powerful lesson is to remember: When you point a finger at someone, three fingers point back at you... and be sure to thank the Almighty!

# Greetings from the Negev!

We are thinking of you all and missing the HACD community!  
Rachel Anisfeld, Tim , Asher, Margalit and Medad Lytton.



Here's our home in .Yeruham



There are no streets in our neighborhood, only clusters of houses built around courtyards.  
Here's the view from our front door, looking down on the courtyard



The school that Medad and Margalit attend is called Kol Ya'akov.



Asher goes to kindergarten four blocks from home. His kindergarten is called Gan Tamar.  
Can you find Asher in this picture?



## Administrators Corner

### Let's Play Patty Balmer

Have you ever reminisced about when you were a child? Have you ever turned your living room into a fort by pulling the blankets off of your beds so that you could pretend you were living in the wilderness? Did you play man hunt or hide and seek with all of the neighborhood kids? Do you remember changing the rules or making new rules for a game? I do. I sometimes long for those carefree days. It turns out that all of that imaginative, unstructured play and rule-making we enjoyed as children taught us self control, working memory, and cognitive flexibility, which are elements of a critical cognitive skill called executive function.

In this age of over worked parents, technology, scheduled music lessons, team sports, and dance classes, creative play is becoming a thing of the past. This generation is at risk of losing out on valuable play time. Adele Diamond, professor of developmental cognitive neuroscience at the University of British Columbia, explains that children need creative play time each day. Diamond maintains that it is through imaginative play that children build important life skills such as self regulation, control over their emotions and behavior, the ability to resist impulses, and the ability to exert self discipline. Diamond's research concludes that these important skills are better predictors of a child's success in school than a child's IQ. Diamond's research also states that children with poor executive function have higher rates of school dropout, drug use and crime. She noted that children who participated in free play throughout the day often focused better in school and had less behavioral problems because they learned how to control their actions and impulses.

These new findings are a call for all parents and teachers to begin encouraging children to engage in more creative play. Children should have daily free time that is not organized or dictated by toys, television, or video games. Diamond recommends that children engage in make-believe play that enables them to find objects in their environment and make up the rules of the activity. For example, children can use blankets to create a tent in the living room and then pretend the tent is their house in the wilderness or an igloo on the frozen tundra near the North Pole. This means getting kids to shift back to the time before television, video games, and organized activities. Kids should use their imaginations to play school, man hunt, and freeze tag. They should pretend to be cops and robbers and create stories to act out. These free play opportunities are essential for the cognitive development of this generation of children. Let's all engage our children in some good old fashioned imaginative play.

Spiegel, Alix. "npr." 28 February 2008. [npr.org](http://www.npr.org). 14 January 2011 <<http://www.npr.org/templatestory/story.php?storyId=76838288>>.

Valentine, Vikki. "npr." 27 February 2008. [npr.org](http://www.npr.org). 14 January 2011 <<http://www.npr.org/templatestory/story.php?storyId=76838288>>.

## Art Room News



Some of the highlights from the art room include the Fifth Grade students and parents teaming up to create ceramic chanukkiahs for their Hanukkah celebrations. Once again an interesting array of chanukkiahs was created. Among those created were a candy themed chanukkiyah, a rabbit, tennis racket, hotdog, submarine sandwich, computer, soccer field and surfer riding a wave.

Fourth grade completed a circus out of wire, bits of fabric and small wood pieces and are getting geared up to create clay animations with their circus as the backdrop.

The sixth graders are going to continue to learn about cultures from Mexico and Middle America. They are currently learning about the Central and South American ancient custom, Day of the Dead. Their lesson involves making imitation sugar skulls out of Crayola Model Magic and learning how to do basic weaving on a cardboard loom.

As part of their learning about Roman Art, the seventh grade is creating a mosaic out of bits and pieces of glass. Each student was given a wooden plank (9"x13") and a multitude of small glass chips and blobs. Some students have created landscapes out of the glass pieces while others have created everything from a dragon to a map of Israel.

It is amazing what their imagination and perseverance can create. These mosaics will be grouted and can be used at home as a beautiful challah board. I hope all this has wetted your appetite for what is going on in the art room.

This year, seventh grader Sean Setzen and fourth grader Nathan Mundell will have their art work hanging in this year's Legislative Student Art Show the week of February 28th at the Legislative Office Building "Well".

Amy Rosenstrauch



**COACH'S CORNER**  
*Coach Ryan Miller*



**The HACD Lions boys and girls basketball**

**Congratulations to the 3/4 Girls win over Holy Names — 13-12**

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**Team Records to date!**

**3/4 Girls 1-2**

**3/4 Boys 0-4**

**5/6 Boys 1-0 League Play—2-3 Non-League**

**7/8 Girls 1-1**

**7/8 Boys 2-2**

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**Sundays Games**

**Come and support our team!**

**7/8 Boys - Idle**

**7/8 Girls - Idle**

**5/6 Boys - @ Brunswick (Tamarac Elementary) - 2:00**

**3/4 Boys - @ Woodland Hills 2:30**

**3/4 Girls - Idle**

## **KOSHER NIGHT OUT!**

*Enjoy fine kosher dining that you don't  
have to cook or clean up from!*



*A Tu B' Shevat Feast!*

*January 19, 2011*

*The Massry Residence at Daughters of Sarah*

*Fixed price \$36.00*

*RSVP to 724-3400 between 9:00am—5:00pm*



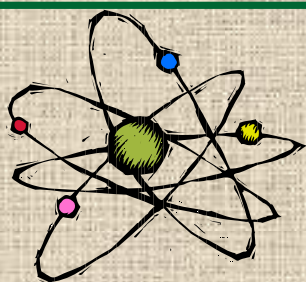
## **SAVE THE DATE!!!**

### **HACD's Festival of Israeli Song and Dance**

**January 23, 2010 at 10:00am - 11:00am  
Temple Israel**

After the Dance Festival, stay at Temple Israel  
for brunch with your Bet Shraga  
friends and classmates.

***Details to Follow***



## **SAVE THE DATE!!!**

**HACD Science Fair!!**

**Tuesday, April 12, 2011**





## HACD PRESENTS THE TU B'SHEVAT INITIATIVE

**For Tu B' Shevat, donate today to help restore the Carmel Forest!  
Send a donation in with your child or mail it to the**

*Hebrew Academy by January, 20, 2011.*



Losses from the Carmel Forest fire, the largest in Israel's history, have been devastating. At least 42 people died, homes were lost and more than 12,500 acres of forests destroyed. JNF foresters estimate over 5 million trees were burned.

Unfortunately, the road to recovery has only just begun. Staying true to its mandate of caring for the needs of the land and people of Israel is the Jewish National Fund's (JNF) Operation Carmel Renewal: From Black to Green will help rebuild and renew the Carmel Forest.

Jewish National Fund National Office 42 East 69th Street New York, NY 10021 USA

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Donation: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

**We thank you for your support of trees!**

# HACD Fun Night

Excitement for all ages!



I waited 8  
years to play in  
this game...  
It's gonna be  
great!

Bet Shraga HACD 8<sup>th</sup> Grade  
invites you to the:

6:10 pm - Doors Open

6:20 pm - Warm-Up: 7<sup>th</sup>  
& 8<sup>th</sup> Grade Girls vs. HACD  
Mothers, Admin and Teachers

6:30 pm - Game: 7<sup>th</sup> & 8<sup>th</sup>  
Grade Girls vs. HACD Mothers,  
Admin and Teachers

7:15 pm - Warm-Up: 7<sup>th</sup>  
& 8<sup>th</sup> Grade Boys vs. HACD  
Fathers, Admin and Teachers

7:30 pm - Game: 7<sup>th</sup> & 8<sup>th</sup>  
Grade Boys vs. HACD Fathers,  
Admin and Teachers

Pizza and snacks will  
be sold - see our early  
bird package below!

There will be 3 point  
shooting contests during  
intermissions.

- Junior Division (\$3 Entry  
Fee for Elementary &  
Middle School Participants)
- Senior Division (\$5 Entry  
Fee for High School & Older  
Participants)

## HACD BASKETBALL CHALLENGE

7<sup>th</sup> and 8<sup>th</sup> Graders vs. Parents, Administration & Teachers

**WHEN:** January 22, 6:30 pm

**WHERE:** Bet Shraga HACD Gym

**COST:** \$5/person, \$20 family maximum (age 6 and under, free!)

**\$10 EARLYBIRD ADMISSION:** Entry, 2 slices of pizza, dessert, and drink if  
you reserve by **January 17<sup>th</sup>**. Send reservation checks to the HACD office.

**CONTACT/SIGN UP TO PLAY:**

Mark "The Howitzer" Israel at: [israel444@hotmail.com](mailto:israel444@hotmail.com)

Pete "Pistol" Benson at: [pb7171@yahoo.com](mailto:pb7171@yahoo.com)



## **BOOK FAIR VOLUNTEERS NEEDED!**

This year's HACD Book Fair will be held on February 9<sup>th</sup> and 10<sup>th</sup>. The HACD Book Fair offers a selection of Scholastic Books as well as a number of Judaic titles for both children and adults, and benefits our school library program. The students really look forward to this fun event!

If you can come and help for a couple of hours (or more!), please contact Jane Shurin at [jshurin@gmail.com](mailto:jshurin@gmail.com) or 783-5744.

**PLEASE!** The Book Fair depends on adult volunteers to help set up before the fair and to help students select and purchase books during the fair. We need help on the following days and times:

**Tuesday, February 8, 2010 – Setting up the fair, 1:00 p.m. to 3:00 p.m.**  
**Thursday, February 10, 2010 – Purchase day, 8:00 a.m. to 3:00 p.m.**  
**Thursday, February 10, 2010 – Breaking down the fair, 3:00 p.m. to 4:00 p.m.**

## SHOMRAY TORAH ANNUAL CAMPAIGN DONORS 2010-2011

**Todah Rabah to our extended family for your support. We are well on our way to reaching our goal for the fall campaign!**

### Grandparents

Rosalie and Raymond Alexander  
Elizabeth and Moshe Anisfeld  
Irene Ashery  
Margot and Arthur Bernhardt  
Malka and Eitan Evan  
Rita Goldstein  
Felice and David Gordis  
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Sedell and Bernard Kamenir  
Lore and Leopold Koppel  
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Francis Levy  
Esther and Morris Massry  
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### Alumni

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Ravin Davidoff  
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Stacy and David Cohen  
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Deborah and Arthur Fleischner  
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Beverly and Warren Geisler  
Elana and Ephraim Glinert  
Sally and Paul Goldberg  
Judy and Martin Goldman  
Sally and Matthew Greenblatt  
Debbie Brookfield and  
Seth Greenburg  
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Barbara and Les Stein  
Barbara Wachs  
Ruth and Barry Warren  
Valerie and Stanley Zalen

### Current Parents

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Jessica and Pete Benson  
Karen and Martin Bienstock

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Johnny Black, Jr.  
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Mitchell Earleywine  
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Roberta and Stephen Berk  
Joyce and Sanford Bookstein  
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Mitchell Eil  
Toby and Arnold Elman  
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Carol Ann and Rodney Margolis  
Naomi Falk and Rogerio Marx  
Barbara and Peter Rosenfeld  
Lois and Richard Rubin  
Beth and Mark Scher  
Lois and Bill Uscher

Names listed reflect  
those whose  
payments have been  
received.



## **Community Event Calendar**

**To put a community wide event in our e-shabbaton, please email a text only version to [klinehan@hacdalbany.com](mailto:klinehan@hacdalbany.com) by Wednesday.**

